



WELLNESS PLAN TRIENNIAL ASSESSMENT

Needs Improvement – No plan/evidence that the indicator listed is present or followed; School does not meet state requirements for the indicator listed.
Acceptable – A minimal plan/minimal evidence that the indicator listed is present or followed; School meets the minimum state requirements for indicator listed.
Exceptional – The plan/evidence exceeds the indicator listed. The school goes beyond the minimum state requirements for the indicator listed.

Component 1: Nutrition Promotion					
Person Responsible: Physical Education Teacher					
Goals	Exceptional	Acceptable	Needs Improvement	Measure of Success	
1. The Charter shall deliver nutrition education that fosters the adoption maintenance of health eating behaviors	✓			The physical education teacher provided lessons on nutrition education to students on a monthly basis and monitors student semester grades are being maintained above an 80.	



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Component 1: Nutrition Education <i>Person Responsible: Child Nutrition Director</i>	Goals	Exceptional	Acceptable	Needs Improvement	Measure of Success
	<p>1. The Charter’s food service staff, teachers, and other Charter personnel shall consistently promote healthy nutrition messages in cafeterias, classrooms, and other appropriate settings.</p>			✓	<p>The serving area is decorated to promote healthy foods such as fruits and vegetables and food service staff offers a variety of foods daily. Because of restricted space available healthy nutrition promotion messages is limited in certain areas.</p>
	<p>2. The Charter shall ensure that food and beverage advertisements accessible to students during the school day depict only products that meet the federal guidelines for meals and competitive foods</p>	✓			<p>Signage throughout the campus areas displayed only products that met the federal guidelines for meals and competitive foods. Because of restricted space available healthy nutrition promotion messages is limited in certain areas.</p>



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Component 1: Physical Activity <i>Person Responsible: Campus Principal</i>	Goals	Exceptional	Acceptable	Needs Improvement	Measure of Success
1. The Charter shall encourage teachers to integrate physical activity into the academic curriculum where appropriate.	✓			Teachers took students on walking distance classroom field trips.	
2. The Charter shall promote physical activities for students, parents, staff and community members by informing them of available community resources and including but not limited to exercise classes and discounted gym memberships.	✓			Campus sponsored after school events that included participation in physical activity games. Advertisements of events were made within the community areas by groups of students and staff and through use of social media.	



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Component 1: SCHOOL-BASED ACTIVITIES				
<i>Person Responsible: Campus Principal</i>				
Goals	Exceptional	Acceptable	Needs Improvement	Measure of Success
1. The Charter shall promote wellness for students and their families at suitable Charter and campus activities.	✓			Promotional materials were handed out to attendees during campus market days.
2. The Charter shall promote employee wellness activities and involvement at suitable campus activities.	✓			Campus connected with the district's BlueCross/BlueShield Ambassador to schedule employee training on types of wellness benefits available.



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Approved: June 14, 2023

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